

CATEGORY: NIBBLES

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B CHORIZO NIBBLES														
MENU B BREAD AND OIL NIBBLES		Does contain												Does contain
MENU B HOUMOUS AND PITTA NIBBLES		Does contain								Does contain		Does contain		
MENU B HALLOUMI NIBBLES							Does contain							
MENU A PROVENCAL OLIVES & FETA							Does contain							
MENU B H&M SAUSAGES NIBBLES									Does contain					
MENU B WHITBAIT NIBBLES		Does contain			Does contain									
MENU A FENNEL & SAGE SCRATCHING SS19														
GARLIC MUSHROOMS NIBBLES SS20							Does contain							Does contain
VEGETABLE FRIES NIBBLE SS20		Does contain												Does contain

CATEGORY: TO START

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CRAB & AVOCADO COCKTAIL SS20	Does contain	Does contain	Does contain	Does contain	Does contain		Does contain		Does contain					
CAULI BOMBS SS20		Does contain							Does contain				Does contain	
MENU B GREEK SALAD AW18							Does contain							Does contain
BRIXWORTH PATE SS20		Does contain												
MENU A SWEET POTATO SOUP AW18	Does contain	Does contain												
GAMBAS PIL PIL AW19		Does contain	Does contain		Does contain		Does contain							Does contain
VEGAN FALAFELS & TAHINI SS20									Does contain			Does contain		
GARLIC MUSHROOMS STARTER SS20		Does contain					Does contain							Does contain

CATEGORY: SHARERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B CAMEMBERT SHARER	Does contain	Does contain					Does contain							Does contain
B SHARER NACHOS GRANDE	Does contain	Does contain					Does contain		Does contain					Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *4		Does contain					Does contain							Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *8		Does contain					Does contain							Does contain
CRISPY FRIED CHICKEN WINGS K-BOX *12		Does contain					Does contain							Does contain
BUFFALO DIP CLOX														
PIRI PIRI DIP CLOX														Does contain
HICKORY SMOKED BBQ DIP CLOX														

CATEGORY: STEAKS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU B 10OZ RUMP	Does contain	Does contain					Does contain		Does contain					Does contain
MENU B 8OZ SIRLOIN	Does contain	Does contain					Does contain		Does contain					Does contain
MENU B 7OZ FILLET	Does contain	Does contain					Does contain		Does contain					Does contain
MENU B 10OZ GAMMON	Does contain	Does contain		Does contain					Does contain					Does contain
MENU B MIXED GRILL	Does contain	Does contain		Does contain			Does contain		Does contain					Does contain
B SIDE SAUCE PEPPERCORN SAUCE	Does contain	Does contain		Does contain			Does contain							
MENU B BLUE CHEESE SAUCE AW18							Does contain							
B SIDE HERB & GARLIC BUTTER	Does contain						Does contain							

B SIDE CHILLIES & CORIANDER BUTTER							Does contain								
CREAMED SPINACH SIDE SS20		Does contain					Does contain								
MENU A SMOKED MAC N CHEESE AW18		Does contain					Does contain								
B SIDE ONION RINGS		Does contain					Does contain								Does contain
MENU A SIDE PRAWNS	Does contain		Does contain		Does contain		Does contain								Does contain
B SIDE SAUTEED MUSHROOMS	Does contain						Does contain								
MENU A ROCKET & PARMESAN SALAD	Does contain	Does contain			Does contain		Does contain		Does contain						
MENU C SIDE BUTTERED KALE							Does contain								

CATEGORY: BURGERS

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PRIME BEEF BURGER SS20		Does contain		Does contain			Does contain					Does contain	Does contain	Does contain
MENU A BUTTERMILK CHICKEN BURGER SS19		Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MENU B LOADED 12 OZ BEEF BURGER		Does contain		Does contain			Does contain		Does contain			Does contain	Does contain	Does contain
MOVING MOUNTAIN BURGER SS20		Does contain									Does contain	Does contain	Does contain	Does contain
FAUX CHKN BURGER SS20		Does contain		Does contain					Does contain			Does contain	Does contain	Does contain

CATEGORY: FROM THE GARDEN

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
ROASTED CAULIFLOWER STEAK SS20		May contain								Does contain	Does contain	Does contain	Does contain	
MENU A RIGATONI ARRABITA AW18		Does contain		Does contain			Does contain							Does contain
MENU B ASIAN NOODLE STIR FRY		Does contain		Does contain								Does contain	Does contain	Does contain
MAIN COURGETTE & GOATS CHEESE SUPERFOOD SS20	May contain	Does contain		May contain			Does contain		May contain			May contain	Does contain	Does contain
C BLACK & BLUE 5OZ RUMP		Does contain		Does contain			Does contain		Does contain					
GLAMORGAN SAUSAGE & MASHED POTATO SS20	Does contain	Does contain					Does contain		Does contain					Does contain
MUSHROOM LINGUINE AW19		Does contain					Does contain		Does contain					Does contain

CATEGORY: FROM THE LAND

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
PORK BELLY & GRATIN SS20	Does contain			Does contain			Does contain							Does contain
ULTIMATE CHICKEN CAESAR SALAD SS20	Does contain	Does contain		Does contain	Does contain		Does contain						Does contain	
BEEF STROGANOFF AW19		May contain					Does contain		Does contain					Does contain
PIRI PIRI CHICKEN SS20	Does contain	Does contain							Does contain					Does contain
TRIO SAUSAGE & MASH SS20	Does contain						Does contain							Does contain
MENU B HUNTERS CHICKEN	Does contain	Does contain					Does contain		Does contain				Does contain	Does contain
CHICKEN & HAM PIE SS20	Does contain	Does contain		Does contain			Does contain							Does contain

CATEGORY: FROM THE SEA

ALLERGENS														
Recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MENU C MAIN SCAMPI & CHIPS		Does contain	Does contain	Does contain	May contain			May contain	Does contain				Does contain	
BATTERED COD & CHIPS & CURRY SAUCE SS20		Does contain		Does contain	Does contain		Does contain		Does contain				Does contain	
SALMON & ASPARAGUS SS20					Does contain		Does contain							
KING PRAWN & CRAB LINGUINI SS20		Does contain	Does contain	Does contain	Does contain		Does contain							Does contain
MENU B SEABASS	Does contain				Does contain		Does contain							

CATEGORY: SANDWICH

