

# ALLERGENS TABLE

## RED LION SS24

Nibbles	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Meatballs RL S24	Does contain	Does contain												Does contain
Red Pepper Houmous RL S24		Does contain Wheat										Does contain		
Duck Gyoza Sun Inn 24	May contain	Does contain	May contain	May contain						Does contain	Does contain	Does contain	Does contain	
Pork Belly Bites Nibble SS24 Sun Inn														Does contain
Chorizo Nibbles							Does contain							Does contain
Garlic Mushrooms - Nibbles - Destination Core SS23							Does contain							Does contain
Whitebait SS24 Sun Inn				Does contain	Does contain				Does contain					
Artisan Bread & Oil - Nibbles - Destination Core SS23		Does contain					May contain			May contain		Does contain	May contain	Does contain

Sharers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Mezze RL S24		Does contain Wheat					May contain			May contain		Does contain	May contain	
Chinese 5 Spice Shredded Duck		Does contain								May contain	May contain		Does contain	
Baked Camembert SS24		Does contain					Does contain					Does contain		Does contain

Starters	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Bao Buns PBelly RL S24		Does contain Wheat										May contain	Does contain	Does contain
Mushroom Bao Bun - Starters - The Red Lion SS23		Does contain Wheat								Does contain	Does contain	May contain	Does contain	
Potted Ham Hock RL S24		Does contain Rye Barley Wheat		Does contain			Does contain		Does contain	Does contain		Does contain	Does contain	Does contain
Sticky Beef RL S24	Does contain	Does contain Wheat												Does contain
Calamari RL S24		Does contain Wheat		Does contain			Does contain	Does contain						Does contain
Fishcake RL S24		Does contain Wheat		Does contain	Does contain		Does contain							
Bruschetta RL S24	Does contain	Does contain					Does contain			Does contain		May contain		

Mains	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Pork Belly RL S24	Does contain	Does contain Wheat					Does contain		Does contain					Does contain
Beef Ragu RL S24	Does contain	Does contain		May contain			Does contain		May contain				May contain	Does contain
Lamb Chop's RL S24		Does contain					Does contain							
Steak Salad RL S24														
Fish and Chips SunInnSS24				Does contain	Does contain		Does contain		Does contain					
Teriyaki Salmon RL S24		Does contain Wheat			Does contain		Does contain			Does contain	Does contain		Does contain	
Sea Bream RL S24					Does contain		Does contain							
Broccoli Pasta RL S24		Does contain		May contain			Does contain		May contain	Does contain			May contain	
Summer Salad RLS24									Does contain			Does contain		
Chilli & Cumin Cauliflower RL S24		Does contain							Does contain					
Ultimate Chicken Caesar Salad SS21		Does contain		Does contain	Does contain		Does contain						Does contain	



Ciabattas	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Red lion AW23 Ciabatta chicken bacon		Does contain								May contain		May contain		
SunInnSS24 fish finger baguette		Does contain		Does contain	Does contain				Does contain			Does contain		Does contain
Fish Finger w Fries - Sandwiches - Destination Core SS23		Does contain		Does contain	Does contain		Does contain		Does contain	May contain		May contain		
Cheesesteak Sandwich - Sandwiches - Destination Core AW22		Does contain					Does contain							

Roasts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
roast beef 24	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
Roast Pork 24	Does contain	Does contain Wheat		Does contain			Does contain				May contain			Does contain
Roast chicken 24	Does contain	Does contain Wheat		Does contain			Does contain							Does contain
Roast Lamb 24	Does contain	Does contain Wheat		Does contain			Does contain				May contain			Does contain
Roast Trio 24 (Beef, lamb, pork)	Does contain	Does contain Wheat		Does contain			Does contain				May contain			Does contain
Kids Roast Beef 24	Does contain	Does contain Wheat		Does contain			Does contain				May contain			Does contain
Kids Roast Chicken 24	Does contain	Does contain Wheat		Does contain			Does contain				May contain			Does contain
Kids Nut Roast 24	Does contain	Does contain Wheat		Does contain			Does contain			Does contain Walnuts	Does contain			Does contain
Kids Roast Lamb 24	Does contain	Does contain Wheat		Does contain			Does contain				May contain			Does contain
Nut Roast 24	Does contain	Does contain Wheat		Does contain			Does contain			Does contain Walnuts	Does contain			Does contain

Sunday Sides	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Sunday Side Extra Yorkshire Pudding Destination		Does contain Wheat		Does contain			Does contain							
Duck fat roast potaoes														
Braised Red Cabbage AW19														Does contain
Side Sunday Green Vegetables (asparagus, pea, broccoli & mint)														
Oak Homemade Pork Crackling														
Sunday Side Cauliflower Cheese Destination	Does contain	Does contain		Does contain			Does contain		Does contain				Does contain	
Sausage & Apple Stuffing side SS24	Does contain	Does contain Wheat		Does contain			Does contain				May contain		Does contain	Does contain
Honey Glazed Pigs in Blankets (Homemade)		Does contain												Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Side Mac 'N' Chz S 24	May contain	Does contain Wheat					Does contain		Does contain					

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Meatball Ciab RL S24	Does contain	Does contain		Does contain			Does contain			May contain		May contain		Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Side Massala Pots									Does contain					

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Veg Ciab RL S24		Does contain		Does contain						May contain		May contain		Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Korean chicken burger - Chefs signature - The Red Lion SS24		Does contain Wheat		Does contain			Does contain				May contain		Does contain	

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Peppercorn Sauce Red Lion S24	Does contain						Does contain							

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Diane Sauce RL S24		Does contain Barley			Does contain		Does contain		Does contain					Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Blue Cheese Sauce RL S24							Does contain							

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Red lion 24 seasonal veg														

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Red lion S24 house salad									Does contain					Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CLASSIC: Kids 4oz Cheese Burger, Salad and Chips RLS24		Does contain					Does contain					Does contain		Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Kids Chicken Goujons & Beans RL S24		Does contain												

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Kids battered Fish N Chips RL S24		Does contain Barley Wheat		Does contain	Does contain		Does contain		Does contain					

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Kids C stick & Houmous												Does contain		

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Kids meatballs	Does contain	Does contain		May contain					May contain				May contain	Does contain

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Kind Mac 'N' Chz RL S24		Does contain Wheat					Does contain		Does contain					

Added from recipe	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
Moroccan Spiced Lamb Burger RL S24		Does contain		Does contain			Does contain						Does contain	Does contain